



THE MINISTRY OF HIGHER EDUCATION, SCIENCE AND INNOVATION
OF THE REPUBLIC OF UZBEKISTAN



SAMARKAND STATE INSTITUTE OF
FOREIGN LANGUAGES

M.KH. Nasimova, G.Z. Toshmukhammedova

ORAL AND WRITTEN SPEECH PRACTICE

Textbook for Teachers and Students of Higher
Educational Institutions and Schools



60230100 — Philology and Language Teaching

This textbook is recommended for students majoring in
60230100 — *Philology and Language Teaching (English)*.

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Oral and Written Speech Practice — oliy ta'lim muassasalarining 1–2-bosqich talabalarini uchun mo'ljallangan metodik o'quv qo'llanmadir. Mazkur o'quv qo'llanma Vazifaga asoslangan til o'qitish (Task-Based Language Teaching — TBLT) hamda Design Thinking tamoyillariga asoslangan bo'lib, ingliz tilini o'rganish va o'qitishda zamonaviy, amaliy yo'naltirilgan yondashuvni taqdim etadi. Ushbu o'quv qo'llanma 18 ta puxta ishlab chiqilgan dars rejalarini o'z ichiga oladi va ular funksional til birliklari, tasvirlash ko'nikmalari, kommunikativ strategiyalar, grammatika hamda madaniy mavzularni qamrab oladi. Mazmun talabalar til kompetensiyasi bilan bir qatorda kasbiy pedagogik ko'nikmalarini ham rivojlantirishga xizmat qiladigan tarzda tizimlashtirilgan. Har bir dars zarur leksik materiallar, aniq grammatik tushuntirishlar, o'qish va tinglash uchun matnlar, shuningdek bilimlarni mustahkamlash va amaliy ko'nikmalarni rivojlantirishga qaratilgan turli xil strukturaviy topshiriq va mashqlarni o'z ichiga oladi. Bundan tashqari, talabalar o'z bilimlarini baholash va ko'nikmalarini rivojlantirish uchun interaktiv testlarga ega onlayn platforma orqali mustaqil ishlash imkoniyatiga ega bo'ladilar. Umuman olganda, ushbu o'quv qo'llanma bo'lajak o'qituvchilar va til mutaxassislarini zamonaviy o'qitish metodlarini qo'llashga, pedagogik mahoratini oshirishga hamda ingliz tilini real kommunikativ vaziyatlarda samarali qo'llash kompetensiyasini rivojlantirishga xizmat qiladi.

Oral and Written Speech Practice is a methodological textbook intended for first- and second-year students of higher educational institutions. This учеб guide is based on the principles of Task-Based Language Teaching (TBLT) and Design Thinking, providing a modern, practice-oriented approach to learning and teaching English. The textbook consists of 18 carefully designed lesson plans covering functional language use, descriptive skills, communicative strategies, grammar, and cultural topics. The content is systematically organized to promote not only the development of students' language competence but also their professional pedagogical skills. Each lesson includes essential vocabulary, clear grammatical explanations, reading and listening materials, as well as a variety of structured tasks and exercises aimed at reinforcing knowledge and developing practical skills. In addition, students are given the opportunity to assess their knowledge and improve their skills through independent work on an online platform featuring interactive tests. Overall, this textbook is designed to support future teachers and language specialists in applying modern teaching methods, enhancing their pedagogical expertise, and developing the ability to use English effectively in real-life communicative situations.

Oral and Written Speech Practice — это методическое учебное пособие, предназначенное для студентов 1–2 курсов высших учебных заведений. Данное пособие основано на принципах обучения, ориентированного на выполнение задач (Task-Based Language Teaching — TBLT), а также на подходе Design Thinking, что обеспечивает современный и практико-ориентированный подход к изучению и преподаванию английского языка. Учебное пособие включает 18 тщательно разработанных планов занятий, охватывающих функциональное использование языка, навыки описания, коммуникативные стратегии, грамматику и культурные аспекты. Содержание систематизировано таким образом, чтобы способствовать развитию как языковой компетенции студентов, так и их профессиональных педагогических навыков. Каждое занятие включает необходимый лексический материал, четкие грамматические объяснения, тексты для чтения и аудирования, а также разнообразные структурированные задания и упражнения, направленные на закрепление знаний и развитие практических навыков. Кроме того, студентам предоставляется возможность оценивать свои знания и совершенствовать навыки посредством самостоятельной работы на онлайн-платформе, включающей интерактивные тесты. В целом, данное учебное пособие направлено на поддержку будущих преподавателей и специалистов в области языка в освоении современных методов обучения, развитии педагогического мастерства и формировании способности эффективно использовать английский язык в реальных коммуникативных ситуациях.

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INTRODUCTION

A special emphasis in the “action strategy” of the Republic of Uzbekistan is placed on enhancing the quality of education and improving state policies concerning youth. The primary objective of this action strategy is to more extensively incorporate the Youth Action Strategy for 2017-2021 into the five priorities for the development of the Republic of Uzbekistan. Reforms in the education sector are complemented by efforts aimed at fostering the socio-economic and cultural development of the Republic of Uzbekistan, thereby striving to secure a significant position among the global community of nations. To enhance the knowledge and skills of young individuals and ensure their active involvement in Uzbekistan's future development as qualified professionals, modern educational approaches are being introduced. In response to this, we will focus on assessing the effectiveness and efficiency of these implementations.

The subject “Oral and written speech practice” is closely associated with pedagogical sciences. This textbook provides information aimed at organizing classes meaningfully and enhancing both theoretical and practical knowledge within this subject area. It is intended to serve as a guide in shaping students' necessary knowledge and skills. The subject “Oral and written speech practice” is considered a core aspect of educational methodologies and is elucidated based on materials enriched with the practical experience of expert teachers, drawing upon the findings of key scientific research in the field. Oral and written speech practice is a methodological textbook specifically designed for first- and second-year students of higher educational institutions.

The textbook adopts a modern, practical approach to English language learning and teaching, combining the principles of Task-Based Language Teaching (TBLT) and Design Thinking to promote both communicative competence and pedagogical skills. The textbook includes 18 comprehensive lesson plans covering a wide range of topics, including functional language, descriptions of people, places, and objects, communication skills, grammar, and cultural themes. Each lesson is carefully structured to develop learners' language proficiency alongside professional teaching competencies. The lessons feature topic-related vocabulary, reading and listening materials, grammar explanations, structured exercises, and activities for consolidating knowledge. This textbook serves as a practical guide for both learners and educators, aiming to bridge the gap between theoretical knowledge and applied language teaching. By integrating task-based activities, critical thinking, and interactive exercises, the textbook supports the development of confident, competent, and innovative English language teachers.

GLOSSARY

Word / Phrase	English Definition	Uzbek Translation
How are things?	A casual way to ask how someone is	Qalaysiz / Ishlar qalay?
Not bad	Neutral/positive response to greetings	Yomon emas
What's up?	Informal greeting asking about someone's situation	Qalaysiz? / Nima gap?
Can I take your coat?	Polite offer to help	Paltoingizni olsam bo'ladimi?
Would you like...?	Polite offer or invitation	Siz xohlaysizmi ...?
I would like a refund	Polite complaint/request for money back	Men pulni qaytarib olmoqchiman
Faulty	Not working properly; defective	Nosoz, ishlamaydigan
Is there anything on?	Asking about TV, cinema, or events	Bugun televizorda nima bor?
Program	A show, film, or event	Dastur, ko'rsatuv
Present Perfect	Verb tense expressing past action with relevance to present	Hozirgi natijasi bilan o'tgan harakat
Past Simple	Verb tense expressing completed action in the past	O'tgan zamon
Symptom	Sign of illness	Belgisi, simptom
Prescription	Doctor's note for medicine	Retsept

Fever	High body temperature	Isitma
Headache	Pain in the head	Bosh og‘rig‘i
Nausea	Feeling sick / wanting to vomit	Ko‘ngil aynishi
Could	Modal verb expressing ability/possibility	Qila olmoq / mumkin
Amazing	Very impressive or wonderful	Hayratlanarli
Fascinating	Extremely interesting	Qiziqarli, maftunkor
Picturesque	Very beautiful visually	Manzarali, go‘zal
Spacious	Large, with plenty of space	Keng, bo‘sh joyli
Crowded	Full of people	Aholi bilan gavjum
Well-known	Famous	Mashhur
Charismatic	Having a charming personality	Qiziqarli, ta’sirli shaxsiyatli
Influential	Having power or effect	Ta’sirli, kuchli
Tradition	Customs passed through generations	An’ana
Ceremony	Formal event or ritual	Marosim
Passport	Official travel document	Pasport
Wallet	Small money holder	Hamyon
Stolen	Taken without permission	O‘g‘irlangan
Police station	Place to report crimes	Politsiya bo‘limi
Message	Information left for someone	Xabar, yozma

		ma'lumot
Can I take a message?	Polite phrase to offer to record information	Xabar qoldirsam bo'ladimi?
Caller	Person who is calling	Qo'ng'iroq qiluvchi
Appointment	Scheduled meeting	Uchrashuv, belgilangan vaqt
Check-up	Routine medical examination	Tekshiruv
Emergency	Serious and urgent situation	Favqulodda holat
Receptionist	Person at a front desk	Qabul xodimi
Landlord	Person who rents property	Uy egasi
Rent	Payment for accommodation	Ijaraga to'lash
Flat	Apartment	Kvartira
Festival	Public cultural event	Festival, bayram
Rehearsal	Practice session	Mashg'ulot, repetitsiya
Backpack	Bag carried on back	Ryukzak, orqa sumka
Functional	Works well for purpose	Foydali, amaliy
Durable	Strong and long-lasting	Bardoshli, mustahkam
Bright	Full of light	Yorqin
Heavy	Weighing a lot	Og'ir
Heavier	Comparative of heavy	Og'irroq
Comparative	Grammar form comparing two	Solishtirma shakl

	things	
Charms	Attractive qualities	Joziba, yoqimli xususiyatlar
Polite	Showing good manners	Odobli
Urgent	Requiring immediate attention	Shoshilinch
Available	Free or accessible	Bo'sh, mavjud
Unavailable	Not present or free	Mavjud emas
Lively	Full of energy	Jonli, tirik
Friendly	Kind and pleasant	Do'stona
Easy-going	Relaxed and casual personality	Osonlik bilan munosabat qiladigan
Crowded market	Busy shopping area	Gavjum bozor
Main square	Central public area	Asosiy maydon
Registan Square	Famous square in Samarkand	Registon maydoni
Silk and Spices	Name of a cultural festival	"Ipak va Ziravorlar" festivali

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